



## Courses for 2024

**ELGee Training is an Approved Registered Training Centre & an Ethical Training Provider.**

**A Patron of the Hampshire Care Association**

### **Bespoked Mandatory courses**

All our courses have been updated with any legislative changes and statistical information needed.

All these course are linked to the outcomes & regulations of Skills for Care, Care Certificate

We also have a series of different new film clips to incorporate into these courses which has the effect of making them interesting even if you have completed the same training before.

Courses often contain a quiz – a good indicator of competency.

**Mental Capacity Act 2005 plus Deprivation of Liberty Safeguards (to be Liberty Protection Safeguards)**

**Safeguarding awareness**

**Moving and Handling patients safely** *We can add ladder safety etc for domestic staff*

**Nutrition and hydration**

**Health & Safety + risk assessments and Coshh**

**Food Hygiene**

**Infection control including Coronavirus, COVID-19**

**Basic First Aid** includes use of defibrillator

**Fire awareness** what to do if there was a fire in your service

### **Other specialised courses**

**Customer Care** (*a three hour course*) – This is a remix of the original Respect And Dignity course It is now labelled as CUSTOMER CARE, DIGNITY, RESPECT, EQUALITY & DIVERSITY

We explore what each of these headings mean including Human Rights and Humanity, and asks, if that were you, how would you feel? *Includes role play to reinforce course content*

**Care Plan & Document Writing** – A course which is an update and re-vamp of the record keeping course. What to report and how to write concise and factual documents *Includes scenarios & quiz to establish competency*

**Medication Awareness** – Explores the mistakes and issues that you may have making sure that residents have the correct medication. *Includes scenarios and a practical element & CQC's latest advice on controlled drugs etc*

**Behaviour that Challenges. Positive Outcomes, Positive Behaviour.** Covers all aspects of behaviour with tips on how to manage this including focusing on the positives. Exploring the issues around depriving of liberty and behaviour that challenges & briefly mentions rules around the use of restraint. Looks at how to provide positive support and recognising triggers for behaviour that challenges. Positive Social Interaction. *Useful if you are coping with Dementia, Parkinsons or learning disabled residents*

**Learning disabilities.** Understanding learning disabilities (difficulties) following the Oliver McGowan case. Communication and robust person-centred care.

**Team leading.** Aimed at those that lead a small team- Ideal for junior management

**Supervision Skills.** With role play and practical examples for staff that are new to running supervision interviews for their team.

**Person Centred Care Planning.** With practical examples and a quiz/exam or workbook, to be sure that the care you are offering really is person centred and introduces the concept that *good mental health = an improvement in physical health*. Don't isolate but include.

**Health & Safety for Managers** aimed at all levels of management who have to deal with health & safety issues including Risk Assessments. Contains hints and tips to deal with Health & Safety audits with scenarios and hard copy templates to assist (also available as a **Train the Trainer course**)

**Epilepsy Awareness.** Aimed at the clinical end of epilepsy. Looks at how to manage and treat those with epilepsy

**Dementia awareness.** A course aimed at getting people to understand the problems and issues associated with those that have Dementia. Contains practical session and short films. There is a shortened version available to show to families of those with dementia.

**Skin integrity, infection prevention & Sepsis.** Intended for senior staff. Usually a 3 hour course delivered by a Senior Clinician to increase awareness into how serious sepsis can be, and how to best deal with bed sores and infection prevention

**End of Life Care.** This can be a tricky subject & sometimes staffs own culture and prejudices can get in the way. Delivered by a trainer who has had experience of this subject and looks at various ways to deliver this type of care.

**Falls Management.** Covers what and how to record falls, the types of fall and at what point it may become a safeguarding issue. Looking at the environment & how to complete a risk assessment & audits

**Parkinsons..** Looks at some of the difficulties of living with this condition and how we can help.

**Contenance Care,** A course covering all aspects of continence. Catheters, stomas and bowel care are all included in the course

**Oral Care,** Covers all aspects of looking after mouth, teeth and denture, including the sort of record-keeping required. *This contains practical elements to ensure staff can clean residents/Clients teeth effectively.*

**Sexuality and Relationships in a care setting,** Where we explore all aspects of sexuality (LGBT) and how it effects elderly people in a care setting. *This course challenges staff's own prejudices and beliefs and helps to make others aware of the importance of sexuality and relationships at all ages*

**Bullying in the Workplace.** Understand who may bully, what it might feel like, types of bullying, how to report it, where to receive support and advice.

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## **Train the Trainer courses**

**Manual Handling**

**Infection control**

**Medication awareness**

**Health and Safety**

These are delivered at Level Two and involve a 9.30 to 4.30 day.

The courses are directed at staff who have expressed a desire to take on more responsibility or who are already team-leading.

Staff attending are expected to conduct a mini-presentation to the rest of the group towards the end of the session.

All resources including a flash memory stick of slides for presentation, that are required for the day and the Certificate (valid for 12 months) is supplied by ELGee Training.